



HERDADE DA
MATINHA

YOGA

Samadhi

SAMADHI means contemplation. In yoga it is the last stage, synonymous with complete meditation, when one reaches the understanding of existence and communion with the Universe.

We invite you to a process of inner and outer contemplation, between you and the surrounding.

INCLUDES:

2 nights + 2 yoga classes

- 2 nights accommodation with breakfast
- 2 yoga classes
- Welcome drink

From:

*

107€

From November 1st to December 29th

- * Price per person, for mini double room, with double occupation

PAYMENT POLICY

30% at the time of booking, 70% up to 7 days from the arrival.

CANCELLATION POLICY

Cancellation is free of charge up to 7 days before the date of entry. Before arrival or no-show, 100% of the reservation will be charged.

GENERAL CONDITIONS

Value not applicable to other programs or special offers. The program can be changed without prior notice. All current rates are included.

INFORMATION AND RESERVATIONS

T: +351 933 739 245

E: reservas@herdadedamatinha.com